Coverage Period: 01/01/2019 – 12/31/2019 Coverage for: Individual / Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.apehp.com</u> or call 1-888-670-8135. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.dol.gov/ebsa/healthreform</u> or call 1-888-670-8135 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In Network: \$500 person/\$1,000 family Out of Network: \$1,500 person/\$3,000 family.	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>network providers</u> and <u>out-of-network providers</u> combined- \$6,850 person / \$13,700 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limits</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.qualcareinc.com/FindADocto r/FindADoctor_QCGeneric.aspx or call 1-888-670-8135 for a list of network providers. For outside NJ, www.sarhcpdir.cigna.com/mcoap or call 1-888-670-8135.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

		What You Will Pay	/		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$30 copay /office visit	30% coinsurance	None	
If you visit a health	Specialist visit	\$50 copay /visit	30% coinsurance	None	
care <u>provider's</u> office or clinic	Preventive care/screening/immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
	Diagnostic test (x-ray, blood work)	10% coinsurance	30% coinsurance	None	
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance	30% coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.	

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Generic drugs	RX1- \$15 copay / prescription (retail), \$35 copay / prescription (mail order) RX2- \$30 copay / prescription (retail), \$70 copay / prescription (mail order) RX3- \$15 copay / prescription (retail), \$37.50 copay / prescription (mail order) RX6- Not covered	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Retail Refill Allowance, Step Therapy or Dispense as Written may apply.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at	Preferred brand drugs	RX1- \$35 copay / prescription (retail), \$82.50 copay / prescription (mail order) RX2- \$50 copay / prescription (retail), \$120 copay / prescription (mail order) RX3- 50% coinsurance / prescription (retail & mail order) RX6- Not covered	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Retail Refill Allowance, Step Therapy or Dispense as Written may apply. RX3 - (Retail) minimum on 30-day supply is \$25; maximum \$500. (Mail order) minimum on 90-day supply is \$62.50; maximum \$1,250. Applies to Preferred, Non-preferred and Specialty drugs.
www.Express- Scripts.com and www.apehp.com/form s-documents	Non-preferred brand drugs	RX1- \$50 copay / prescription (retail), \$120 copay / prescription (mail order) RX2- \$80 copay / prescription (retail), \$195 copay / prescription (mail order) RX3- 50% coinsurance / prescription (retail & mail order) RX6- Not covered	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Retail Refill Allowance, Step Therapy or Dispense as Written may apply. RX3 - (Retail) minimum on 30-day supply is \$25; maximum \$500. (Mail order) minimum on 90day supply is \$62.50; maximum \$1,250. Applies to Preferred, Non-preferred and Specialty drugs.
	Specialty drugs	RX1- \$35-\$50 copay / prescription (retail), \$82.50-\$120 copay / prescription (mail order) RX2- \$50-\$80 copay / prescription	Not covered	Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription); Retail Refill Allowance, Step Therapy or Dispense as Written may apply.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
		(retail), \$120-\$195 copay / prescription (mail order) RX3- 50% coinsurance / prescription (retail & mail order) RX6- Not covered		RX3 - (Retail) minimum on 30-day supply is \$25; maximum \$500. (Mail order) minimum on 90-day supply is \$62.50; maximum \$1,250. Applies to Preferred, Non-preferred and Specialty drugs. Certain specialty pharmacy drugs are considered non-essential health benefits and fall outside the out-of-pocket limits. The cost of these drugs (though reimbursed by the manufacturer at no cost to you) will not be applied towards satisfying your out-of-pocket maximum.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	30% coinsurance	Preauthorization may be required. If you don't get preauthorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service. Out of network only: \$1,000 maximum allowed amount at ambulatory surgery centers.	
	Physician/surgeon fees	10% coinsurance	30% coinsurance	None	
If you need	Emergency room care	\$100 copay /visit	\$100 copay /visit	None	
immediate medical attention	Emergency medical transportation	10% coinsurance	10% coinsurance	None	
attorition	<u>Urgent care</u>	\$50 <u>copay</u> /visit	\$50 <u>copay</u> /visit	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	30% coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.	
	Physician/surgeon fees	10% coinsurance	30% coinsurance	None	

What You Will Pay				
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral	Outpatient services	\$50 copay /visit-office or freestanding facility 10% coinsurance-hospital	30% coinsurance	None
health, or substance abuse services	Inpatient services	10% coinsurance	30% coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Office visits	\$30 <u>copay</u> (initial visit only), then no charge	30% coinsurance	Cost sharing does not apply to certain preventive services. Depending on the type of services, coinsurance may apply.
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	30% coinsurance	None
	Childbirth/delivery facility services	10% coinsurance	30% coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Home health care	10% coinsurance	Not covered	60 visits/year Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
If you need help recovering or have other special health needs	Rehabilitation services	\$50 copay /visit-office or freestanding facility 10% coinsurance-hospital	30% coinsurance	60 visits/year combined Includes physical therapy, speech therapy, and occupational therapy. Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Habilitation services	Not covered	Not covered	None
	Skilled nursing care	10% coinsurance	30% coinsurance	60 visits/incident Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% up to \$10,000 of the total allowed

		What You Will Pay	What You Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
				amount of the service.
	Durable medical equipment	10% coinsurance	Not covered	Excludes vehicle modifications, home modifications, exercise equipment. Preauthorization may be required. If you don't get preauthorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
	Hospice services	10% coinsurance	30% coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by 50% up to \$10,000 of the total allowed amount of the service.
If your obild poods	Children's eye exam	No charge	Not covered	Coverage limited to one exam/year.
If your child needs dental or eye care	Children's glasses	50% coinsurance	Not covered	Coverage limited to one pair of glasses/year.
dental of eye cale	Children's dental check-up	Not covered	Not covered	None

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

	Cosmotic Surgary	 Habilitation services 	
	Cosmetic Surgery Dental Care (Adult) Dental Care (Child)	Long Term CareNon-emergency care when traveling outside the	Routine Foot Care Weight Loss Programs
•	Dental Care (Child)	II S	_

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (in lieu of anesthesia)
- Bariatric Surgery
- Chiropractic Care

- Hearing Aids (Child)
- Infertility Treatment

- Private Duty Nursing
- Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage

options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: The Plan at 1-888-670-8135 or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Additionally, a consumer assistance program can help you file your appeal. Contact the New Jersey Department of Banking and Insurance at 1-800-446-7467 or www.state.nj.us/dobi/consumer.htm.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-670-8135.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-670-8135.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-888-670-8135.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-670-8135.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	10%
■ Other <u>coinsurance</u>	10%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

The total Peg would pay is

In this example, Peg would pay:			
Cost Sharing			
Deductibles	\$500		
Copayments	\$594		
Coinsurance	\$912		
What isn't covered			
Limits or exclusions	\$60		

\$13,211

\$2.066

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	10%
■ Other <u>coinsurance</u>	10%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

Durable III	eulcai equi	pinent (g	iucose ille	(C I)

Total Example Cost

In this example I los would nove

The total Joe would pay is

ili tilis example, Joe would pay.			
Cost Sharing			
Deductibles	\$500		
Copayments	\$851		
Coinsurance	\$1730		
What isn't covered			
Limits or exclusions	\$55		

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost

In this example, Mia would pay:		
	Cost Sharing	
	Deductibles	\$500
	Copayments	\$350
	Coinsurance	\$142
What isn't covered		
	Limits or exclusions	\$0
	The total Mia would pay is	\$992

\$7,389

\$1,579

\$1,935