

THE AFFILIATED PHYSICIANS AND EMPLOYERS HEALTH PLAN 2018 WELLNESS PROGRAM

The Affiliated Physicians and Employers Health Plan is committed to the health and well-being of its members. This year's wellness rewards program is our way of rewarding you and your employees who are enrolled in the Health Plan for putting their health first. Below is a summary of how the program works:

EMPLOYER PARTICIPATION

- If 80% of your employees (enrolled in the health plan) register for the Wellness Program, and 80% of those registered complete the program by December 31, 2018, you will be eligible for a health care fee credit of 1% of your paid health care fees ².

Example: You have 12 employees, 2 waived coverage, 10 employees enrolled in the health plan. In order to be eligible, 8 of those 10 enrolled employees must register for the Wellness Program. For you to receive your 1% reward, 7 of those 8 employees who registered must successfully complete their Health Actions form by December 31, 2018.

EMPLOYEE PARTICIPATION

- Enrolled employees age 18+ are eligible to participate and can earn a **\$50 cash reward** for completing an online health assessment and the actions listed on the Health Actions form by December 31, 2018 ¹:

Participation in this program is strictly **voluntary**. To enroll, simply fill out and sign the attached Employer Eligibility and Participation form by March 31, 2018.

Note: APEHP offers its members gym discounts and other supplemental benefits. To learn more visit our website at apehp.com.



How do you get started?

Simply fill out and sign the APEHP Wellness Program Enrollment form and fax or mail back to:

Fax: 833-639-2329

Mailing address:

Affiliated Physicians &
Employers Health Plan
P.O. Box 5487
Somerset, NJ 08875
Attn: Operations Coordinator

Once enrolled, you will receive a Welcome letter along with a Wellness Program Q&A.

Additional information regarding the 2018 Wellness Program and our other wellness initiatives can be found at apehp.com or by calling **1-833-MEWANOW (833-639-2669) option 7**.

¹ The 2018 program runs from 4/1/18 through 12/31/18. Exceptions can be requested if a member has already received any of their health actions between 1/1/18 and 3/31/18.

² If the program is successfully completed, you will be credited 1% of your Jan-Dec 2018 Health Care Fees on your April 2019 invoice.