

# AFFILIATED PHYSICIANS AND EMPLOYERS HEALTH PLAN 2018 WELLNESS PROGRAM HEALTH ACTIONS FORM

**Upon Completion, Submit this form to:**

**Fax:** 833-639-2329

**Mailing address:**

Affiliated Physicians & Employers Health Plan

P.O. Box 5487

Somerset, NJ 08875

Attn: Operations Coordinator

## Requirement\*

## Physician/Facility Signature

## Date Completed

*Only complete for those actions where you meet the criteria.*

- Biometric Screenings
  - Blood Pressure
  - Body Mass Index (BMI) Screening
  - Cholesterol & Glucose Screening
- Health Actions
  - Preventive Office Visit (Annual Physical Exam)
  - Colorectal Screening<sup>1</sup>
  - Mammography Screening<sup>2</sup>
- Health Risk Assessment Questionnaire

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
Signature Not Required	_____

**Member ID#:** \_\_\_\_\_

\* Reimbursement is not paid per activity. Member must complete all requirements that meet their age criteria or have their physician indicate reason for non-compliance to be eligible for reimbursement. All information provided on this form may be verified by the Plan through claims data or by calling your physician's office.

<sup>1</sup> All individuals over age 50 should have colorectal screening performed once every 5 years. If you have previously met this requirement or your physician opts you out, you can have your physician sign the form indicating the reason.

<sup>2</sup> All women age 40 and older should have a mammography screening performed once per year