

# THE AFFILIATED PHYSICIANS AND EMPLOYERS HEALTH PLAN 2017 WELLNESS PROGRAM

The Affiliated Physicians and Employers Health Plan is committed to the health and well-being of its members. This year's wellness rewards program is our way of rewarding you and your employees who are enrolled in the Health Plan for putting their health first. Below is a summary of how the program works:

## EMPLOYER PARTICIPATION

- If 80% of your employees (enrolled in the health plan) register for the Wellness Program, and 80% of those registered complete the program by December 31, 2017, you will be eligible for a health care fee credit of 1% of your paid health care fees <sup>2</sup>.

*Example: You have 12 employees, 2 waived coverage, 10 employees enrolled in the health plan. In order to be eligible, 8 of those 10 enrolled employees must register for the Wellness Program. For you to receive your 1% reward, 7 of those 8 employees who registered must successfully complete their Health Actions form by December 31, 2017.*

## EMPLOYEE PARTICIPATION

- Enrolled employees age 18+ are eligible to participate and can earn a \$50 cash reward for completing an online health assessment and the actions listed on the Health Actions form by December 31, 2017 <sup>1</sup>:

Participation in this program is strictly voluntary. To enroll, simply fill out and sign the attached Employer Eligibility and Participation form by April 30, 2017.

*Note: APEHP offers its members gym discounts and other supplemental benefits. To learn more visit our website at [apehp.com](http://apehp.com).*



## How do you get started?

Simply fill out and sign the APEHP Wellness Program Enrollment form and fax or mail back to:

**Fax:** 732-465-7328

### Mailing address:

Affiliated Physicians &  
Employers Health Plan  
30 Knightsbridge Road  
Piscataway, NJ 08854  
Attn: Operations Coordinator

Once enrolled, you will receive a Welcome letter along with a Wellness Program Q&A.

Additional information regarding the 2017 Wellness Program and our other wellness initiatives can be found at [apehp.com](http://apehp.com) or by calling 1-888-606-5152.

<sup>1</sup> The 2017 program runs from 4/1/17 through 12/31/17. Exceptions can be requested if a member has already received any of their health actions between 1/1/17 and 3/31/17.

<sup>2</sup> If the program is successfully completed, you will be credited 1% of your Jan-Dec 2017 Health Care Fees on your April 2018 invoice.

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30 Knightsbridge Road Piscataway, NJ 08854  
1-888-606-5152 | [mewasales@qualcareinc.com](mailto:mewasales@qualcareinc.com)

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